



TERESA LUSK

COMMUNICATOR • SPEAKER
COMMENTATOR • AUTHOR

*Changing the way
people see things.*

Known for asking the questions others overlook and helping people see challenges from a different perspective.

A STORY SHAPED BY RESILIENCE

After becoming a mother at fourteen and leaving school in the eighth grade, Teresa spent years overcoming obstacles, raising a family, and pursuing her education—ultimately earning a master’s degree in Counseling and continuing her academic studies in Law and Policy.

Today, Teresa is known for helping people see beyond surface-level answers to uncover deeper insight, stronger leadership, and new possibilities.

PERSPECTIVE

Teresa Lusk is a communicator, speaker, author, and media commentator known for helping audiences think differently about leadership, culture, mental health, faith, and public life.

Whether speaking to leaders, appearing in the media, interviewing guests, or addressing complex cultural issues, Teresa brings thoughtful insight, practical wisdom, and real-world perspective.

AREAS OF EXPERTISE

- Leadership & Influence
- Mental Health & Human Resilience
- Politics, Culture & Society
- Women’s Leadership
- Communication & Personal Growth
- Faith Topics (Upon Request)

AVAILABLE FOR

- Television Interviews
- Podcast Interviews
- Media Commentary
- Keynote Speaking
- Panel Discussions
- Conferences

CREDENTIALS & EXPERIENCE

Licensed Professional
Counselor Associate

Master’s Degree
in Counseling

Executive
Coach

Author &
Publisher

Media
Host

Faith
Leader

Fluent in
English & Spanish



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